



# Golden Knights

The College of Saint Rose

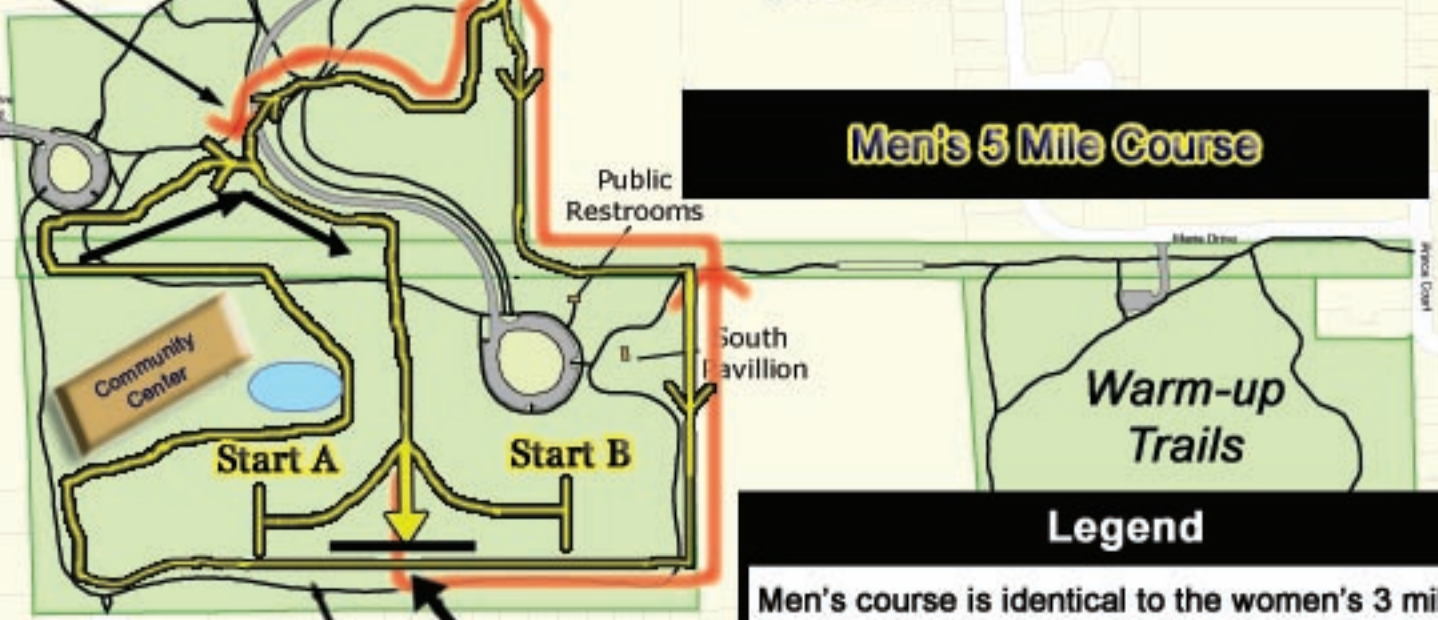
XC Joust Course Map

- The Pond
- Public Restrooms
- The Barn
- The Maze
- Playground
- West Pavillion

- Meeting House
- East Pavillion

Men stay left for the finish.

## Men's 5 Mile Course



**Legend**  
Men's course is identical to the women's 3 mile with the final two miles following the red line.