

# The College of Saint Rose

## 2009 Women's Soccer Prospectus



**2007 and 2008 Northeast-10  
Conference Champions**

# Quick Facts

## General

City/Zip: ..... Albany, NY 12203  
Founded: ..... 1920  
Enrollment: ..... 5,000  
Nickname: ..... Golden Knights  
School Colors: ..... Gold, Black & White  
Home Field: ..... The Albany Academies  
Capacity: ..... 200  
Affiliation: ..... NCAA Division II  
Conference: ..... Northeast-10  
President: ..... Dr. R. Mark Sullivan  
Alma Mater, Year: ..... Rhode Island, 1970  
Athletics Director: ..... Catherine Cummings Haker  
Alma Mater, Year: ..... Hartwick, 1976  
Senior Associate Athletics Director: ..... Brian Gordon  
Alma Mater, Year: ..... Rider, 1979  
Associate Athletics Director: ..... Brian Beaury  
Alma Mater, Year: ..... Saint Rose, 1982  
Senior Woman Administrator: ..... Karen Haag  
Alma Mater, Year: ..... Oneonta State, 1984  
Athletics Business Manager: ..... Glenna Magee  
Alma Mater, Year: ..... Saint Rose, 2006  
Facilities & Programming Director: ..... Scot Obergefell  
Alma Mater, Year: ..... Springfield, 2004  
Aquatics Director: ..... Keith Murray  
Alma Mater, Year: ..... Hartwick, 1996  
Faculty Athletics Representative: ..... Gretchen Guenther  
Alma Mater, Year: ..... Saint Rose, 1999  
Asst. for Athletics Administration: ..... Mike Perno  
Alma Mater, Year: ..... Saint Rose, 2000  
Asst. for Athletic Administration: ..... John Ardizzone  
Alma Mater, Year: ..... Siena, 1990  
Equipment Manager: ..... TBA  
Athletics Administrator for Compliance: ..... Diane Matthews  
Alma Mater, Year: ..... Albany, 2004  
Office Manager: ..... Barbara Wyllie  
Athletics Department Phone: ..... (518) 454-5158  
Website: ..... [www.gogoldenknights.com](http://www.gogoldenknights.com)

## History

First Year of Women's Soccer: ..... 1986  
All-time Record: ..... 231-165-31  
Years in NCAA Regionals/Last: ..... 6/2008  
Last NCAA Tournament Opponent: ..... West Florida  
Result: ..... L, 0-4 (NCAA National Championship Semifinal)

## Sports Information

Assistant Athletics Director/SID: ..... David Alexander  
Alma Mater, Year: ..... Rhode Island, 1986  
Office Phone: ..... (518) 458-5491  
Cell Phone: ..... (518) 369-1975  
Fax: ..... (518) 458-5457  
E-mail: ..... [alexandd@strose.edu](mailto:alexandd@strose.edu)  
Assistant SID: ..... Joshua Jennings  
Phone: ..... (518) 458-5496  
Alma Mater, Year: ..... Hartwick, 2004  
E-mail: ..... [jenninj@strose.edu](mailto:jenninj@strose.edu)  
Mailing Address: ..... 432 Western Ave.; Albany, NY 12203  
Hotline: ..... (518) 485-3997

## Coaching Staff

Head Coach: ..... Laurie Darling Gutheil  
Alma Mater, Year: ..... Hartwick, 1995  
Record at school (years): ..... 166-76-16 (13)  
Career record (years): ..... Same  
Women's Soccer Office Phone: ..... (518) 454-2042  
E-mail: ..... [gutheil@strose.edu](mailto:gutheil@strose.edu)  
Best time/day to reach coach: ..... M-F, Late Afternoons  
Assistant: ..... Kailey Egbert  
Alma Mater, Year: ..... Saint Rose, 2009  
Assistant: ..... Jason Gutheil  
Alma Mater, Year: ..... Hartwick, 1995  
Assistant: ..... Matt Jones  
Alma Mater, Year: ..... Saint Rose, 2002  
Assistant: ..... Renae Ransdell  
Alma Mater, Year: ..... Saint Rose, 2005  
Assistant: ..... Lauren Steinberg  
Alma Mater, Year: ..... Saint Rose, 2008  
Assistant: ..... Mark Van Leuven  
Alma Mater, Year: ..... SUNY-Syracuse, 1995  
Head Trainer: ..... Karen Fischer, ATC  
Alma Mater, Year: ..... Hope (MI), 2002  
Assistant Trainer: ..... Jessup Pierce, ATC  
Alma Mater, Year: ..... Cedarville (OH), 2003

## Team Information

Overall record last year: ..... 20-4-2  
..... Home: 8-1-0, Away: 8-1-2, Neutral: 4-2-0  
NE-10 record/finish: ..... 11-2-1 (2<sup>nd</sup>/15 teams)  
..... NE-10 Tournament Champion  
Final ranking last year (poll): ..... #4 (NSCAA/Adidas)  
Letterwinners returning/lost: ..... 23/5  
Starters returning/lost: ..... 8/3

## Player Information

**Returning Starters (8)** ..... **2008 Statistics/Notes**  
#00 Shannon Murphy (5-7, JR, GK) . 18-3-2, 0.75 GAA All-Region  
#12 Amanda Deck (5-8, JR, M/B) ..... 4-6-14/All-America  
#13 Christina Cuffari (5-6, SO, M/F) ..... 8-5-21/All-Region  
#14 Katie Whiting (5-1, JR, B/M) ..... 1-1-3/All-America  
#18 Brittany Godin (5-4, SO, M/F) ..... 1-1-3  
#21 Coco Ebersole (5-3, JR, B/M) ..... 1-2-4  
#25 Amanda Schweers (5-5, JR, M) ..... 1-3-5  
#26 Kelly Guerin (5-8, JR, B) ..... 0-1-1

## Starters Lost (3) ..... 2008 Statistics/Notes

#9 Kailey Egbert (5-7, F) ..... 7-4-18/All-America  
#5 Caitlin Naylor (5-5, F/M) ..... 1-1-3/All-Conference  
#19 Jazmine Farrell (5-4/F) ..... 7-7-21/Led Team Assists

## Newcomers (9) ..... Hometown

#0 Deanna Esposito (5-7, JR, GK) ..... Sayville, NY  
#5 Katlynn Knier (5-8, FR, F) ..... North Richland Hills, TX  
#9 Molly Harpster (5-6, FR, B) ..... Aurora, CO  
#17 Jennifer Mansfield (5-3, FR, M/F) ..... Hopewell Junction, NY  
#19 Meagan McKinney (5-8, FR, B) ..... Kennewick, WA  
#27 Alayna Shaw (5-9, FR, M) ..... Fort Collins, CO  
#28 Marisah Case (5-7, FR, M) ..... Cheyenne, WY  
#29 Carly Pengelly (5-5, FR, F) ..... Reno, NV  
#30 Nicolle Burke (5-3, FR, M/F) ..... Fishkill, NY

## 2009 Roster

<u>NO</u>	<u>STUDENT-ATHLETE</u>	<u>HT</u>	<u>YR</u>	<u>POS</u>	<u>HOMETOWN/HIGHSCHOOL</u>	<u>MAJOR</u>
0	ESPOSITO, Deanna (a)	5-7	JR	GK	Sayville, NY/Sayville	Mathematics Education
00	MURPHY, Shannon	5-7	SR	GK	Charlton, MA/St. Peter Marian	Childhood/Special Education
1	COWAN, Susan	5-9	SO	GK	West Boylston, MA/West Boylston	Childhood Education
2	SHEGDA, Lizzie	5-5	SR	M	Yardley, PA/Conwell-Egan Catholic	Childhood/Special Education
3	DURAN, Kira	5-7	SR	B	Colorado Springs, CO/Doherty	Criminal Justice
4	GANNON, Courtenay	5-6	SR	M	Newburgh, NY/NFA	Childhood/Special Education
5	KNIER, Katlynn	5-8	FR	F	North Richland Hills, TX/Larry A. Ryle	Exploratory
6	SOBCHAK, Alex	5-4	SR	B/M	St. Catharines, ONT/Sir Wins. Churchill	Curriculum & Instruction
7	BIDOSKY, Kristen	5-5	JR	M/F	Cornwall, NY/Cornwall Central	Early Childhood/Special Ed.
8	SMITH, Christy-Lea	5-8	SR	B	Castle Rock, CO/Chaparral	Early Childhood Education
9	HARPSTER, Molly	5-6	FR	B	Aurora, CO/Smoky Hill	Business Administration
10	BERRY, Kaitlyn	5-5	JR	M/B	Monument, CO/Lewis Palmer	Social Studies 7-12 Education
11	D'ERRICO, Nicola	5-6	SO	F/M	Shrewsbury, MA/Shrewsbury	Communications
12	DECK, Amanda	5-8	JR	M/B	Cicero, NY/Cicero-North Syracuse	Criminal Justice
13	CUFFARI, Christina	5-6	SO	M/F	Brick, NJ/Brick Memorial	Business Administration
14	WHITING, Katie	5-1	JR	B	Holden, MA/Wachusett Regional	Communication Sci. & Disorders
15	MORTON, Kimberly	5-8	SO	M/F	Westerly, RI/Westerly	Business Administration
16	FERNANDES, Derith	5-7	SO	F/M	Billerica, MA/Billerica Memorial	Biology
17	MANSFIELD, Jennifer	5-3	FR	M/F	Hopewell Junction, NY/John Jay	Childhood Education
18	GODIN, Brittany	5-4	SO	F/M	Rochester, NY/Greece Arcadia	Biology
19	McKINNEY, Meagan	5-8	FR	B	Kennewick, WA/Kamiakin	Childhood Education
20	WACHTEL, Deanna	5-4	SR	M/F	Averill Park, NY/Guilderland	Biology
21	EBERSOLE, Coco	5-3	JR	B/M	Fort Collins, CO/Poudre	Biology
22	D'ERRICO, Gianna	5-6	SO	F	Shrewsbury, MA/Shrewsbury	Biology
23	EVANS, Jaclyn	5-5	JR	M	Georgetown, MA/Georgetown	Spanish
24	KIRK ROBINS, Caty	5-9	SO	B	Charlottesville, VA/Monticello	Social Work
25	SCHWEERS, Amanda	5-5	JR	M	Greeley, CO/Greeley West	Biology
26	GUERIN, Kelly	5-8	JR	B	Sutton, MA/Sutton	Biology
27	SHAW, Alayna	5-9	FR	M	Fort Collins, CO/Fort Collins	History/Political Science
28	CASE, Marisah	5-7	FR	M	Cheyenne, WY/Cheyenne Central	Childhood Education
29	PENGELLY, Carly	5-5	FR	F	Reno, NV/Spanish Springs	Medical Technology
30	BURKE, Nicolle	5-3	FR	M	Fishkill, NY/Our Lady of Lourdes	Childhood/Special Education

Head Coach: Laurie Darling Gutheil (14<sup>th</sup> Year/Hartwick '95/166-76-16)

Assistants: Kailey Egbert (First Year/Saint Rose '09), Jason Gutheil (10<sup>th</sup> Year/Hartwick '95), Matt Jones (Third Year/Saint Rose '02),  
 Renae Ransdell (Fifth Year/Saint Rose '05), Lauren Steinberg (Second Year/Saint Rose '08),  
 and Mark Van Leuven (Sixth Year/SUNY - Syracuse '95)

Captains: #10 Kaitlyn Berry, #12 Amanda Deck, #14 Katie Whiting, #20 Deanna Wachtel & #21 Coco Ebersole

Head Trainer: Karen Fischer, A.T.C. (Fourth Year/Hope, MI '02)

Assistant Trainer: Jessup Pierce, A.T.C. (Fourth Year/Cedarville, OH '03)

By Class: Freshman (8), Sophomore (8), Junior (9), Senior (7)

By State: Colorado (7), Massachusetts (8), New Jersey (1), Nevada (1), New York (8), Pennsylvania (1),  
 Rhode Island (1), Texas (1), Virginia (1), Washington (1), Wyoming (1), International (1)

Pronunciation Guide: (#5) KATE-lynn NYE-er, (#6) SOB-chack, (#7) Bi-DOW-ski, (#11, #22) DERR-eee-co, (#20) WOCK-tell,  
 (#21) ee-BER-sole, (#27) ah-LANE-ah, (head coach/assistant coach) gah-THY-l, (assistant coach) Van-LOOV-en  
 a-Transfer from C.W. Post

### Pronunciation Guide

#5 Katlynn Knier .....	KATE-lynn NYE-er	#21 Coco Ebersole .....	EE-berr-sole
#6 Alex Sobchak .....	SOB-chack	#22 Gianna D'Errico .....	DERR-eee-co
#7 Kristen Bidosky .....	Bi-DOW-ski	#27 Alayna Shaw .....	ah-LANE-ah
#11 Nicola D'Errico .....	DERR-eee-co	Head Coach: Laurie Darling Gutheil .....	gah-THY-l
#20 Deanna Wachtel .....	WOCK-tell	Assistant Coach: Mark Van Leuven .....	van-LOOV-en

# 2009 Schedule

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## August

Saturday 29 ..... a-at Georgian Court ..... Lakewood, NJ ..... 1:00 pm  
 Sunday 30 ..... a-vs. Holy Family ..... Lakewood, NJ ..... 4:00 pm

## September

Saturday 5 ..... at Saint Michael's\* ..... Colchester, VT ..... 12:00 pm  
 Monday 7 ..... at Adelphi\* ..... Garden City, NY ..... 1:00 pm  
 Saturday 12 ..... STONEHILL\* ..... Albany Academy ..... 1:00 pm  
 Wednesday 16 ..... NEW HAVEN\* ..... Albany Academy ..... 4:15 pm  
 Saturday 19 ..... at Merrimack\* ..... North Andover, MA ..... 1:00 pm  
 Wednesday 23 ..... b-C.W. POST ..... Albany Academy ..... 4:15 pm  
 Saturday 26 ..... SAINT ANSELM\* ..... Albany Academy ..... 1:00 pm  
 Wednesday 30 ..... at Southern Connecticut State\* ..... New Haven, CT ..... 7:00 pm

## October

Saturday 3 ..... at Bentley\* ..... Waltham, MA ..... 2:00 pm  
 Tuesday 6 ..... ASSUMPTION\* ..... Albany Academy ..... 4:15 pm  
 Saturday 10 ..... FRANKLIN PIERCE\* ..... Albany Academy ..... 1:00 pm  
 Wednesday 14 ..... at American Int'l\* ..... Springfield, MA ..... 7:00 pm  
 Saturday 17 ..... at Southern N.H.\* ..... Manchester, NH ..... 1:00 pm  
 Tuesday 20 ..... PACE\* ..... Albany Academy ..... 4:15 pm  
 Saturday 24 ..... UMASS LOWELL\* ..... Albany Academy ..... 1:00 pm  
 Wednesday 28 ..... at Le Moyne\* ..... Syracuse, NY ..... 4:00 pm

## November

Sunday 1 ..... c-NE-10 Tournament ..... TBD ..... 1:00 pm  
 Thursday 5 ..... c-NE-10 Tournament ..... TBD ..... TBA  
 Sunday 8 ..... c-NE-10 Tournament ..... TBD ..... 1:00 pm

*\*Northeast-10 Conference Match; a-Georgian Court Tournament  
 b-Golden Wave Game; c-at site of higher seed*

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## Changes in the Northeast-10 Conference

Adelphi University formally becomes a member of the Northeast-10 Conference on July 1, 2009. Adelphi was offered and accepted membership in December, 2007.

The Panthers will field teams in 20 of the 23 NE-10 sports. They are as follows: baseball, men's basketball, women's basketball, men's cross country, women's cross country, field hockey, men's golf, men's lacrosse, women's lacrosse, women's soccer, softball, men's swimming, women's swimming, men's tennis, women's tennis, men's track & field, women's track & field and women's volleyball. Additionally, Adelphi sponsors men's soccer which competes at the Division I level.



Adelphi finished the 2008-2009 academic year as a member of the East Coast Conference. The Panthers will enter the NE-10 as the defending NCAA Division II Women's Lacrosse National Champions.

With the addition of Adelphi the NE-10 now has 16 member institutions, which is the most among Division II along with the Pennsylvania State Athletic Conference (PSAC) and the West Virginia Intercollegiate Athletic Conference (WVIAC). The NE-10's 23 championship sports provide athletic opportunities for more than 5,500 student-athletes, the largest such program of any Division II conference.

## Laurie Darling Gutheil, Head Coach

Laurie Darling Gutheil, who stands 19<sup>th</sup> among active NCAA Division II coaches with 166 victories, is in her 14<sup>th</sup> year at the helm of The College of Saint Rose women's soccer program. Darling Gutheil has completely overhauled the program and placed it on the fast track throughout her tenure on Western Avenue. Today, Saint Rose women's soccer can boast that it is among the nation's most successful small college programs.



The owner of the second highest career winning percentage in Northeast-10 Conference history, Darling Gutheil has led the club to six N C A A Tournament appearances within the last seven years.

Saint Rose has won 82.1 percent (111-26-14) of its contests throughout that span.

Her 13<sup>th</sup> year proved to be most fortuitous. The Golden Knights set a school record with 20 wins (20-4-2) after advancing to the NCAA Tournament national semifinals and were only the fourth Northeast-10 Conference team since 1985 to win back-to-back league titles. Saint Rose furthermore had three players in senior forward Kailey Egbert, sophomore midfielder Amanda Deck and sophomore back Katie Whiting garner All-America accolades, while the entire program was honored by the NSCAA with a Team Academic Achievement Award for the eighth straight year. Egbert also received the prestigious NE-10 Woman of the Year Award. Furthermore, Darling Gutheil herself was recognized as the NSCAA/Adidas East Region Coach of the Year.

The 2007 campaign served only to bolster the program's already lofty status. The Golden Knights won the first NE-10 postseason championship in any sport by a Saint Rose team throughout its eight year tenure as a league member. In addition to the aforementioned NCAA Tournament bid, Saint Rose set school records for wins (19), shutouts (15), and assists (57); and was the last team in the country (all divisions) to allow a goal. The Golden

Knights also advanced to the NCAA Tournament regional final for the third time in five years, and climbed to as high as #3 in the NSCAA/Adidas weekly national rankings.

From an individual player standpoint, Sami Brown ('08) and Lindsay Bove ('08) were both named to the *ESPN The Magazine/CoSIDA Academic All-America*® squad; while Ashley McGuire ('08) and Lauren Steinberg ('08) earned All-America accolades.

In 2006, Darling Gutheil was honored as the NE-10 Coach of the Year for the second time in five seasons. The Golden Knights advanced to the NCAA New England regional final for the second time in program history and wound up ranked #13 in the country by the NSCAA. The 2003 squad was the first Saint Rose team to advance to the NCAA New England regional final.

The 2003 campaign marked another first for the program with fullback Kerri Stone's ('04) selection as an NSCAA All-American. Stone, a three-year captain who was recruited out of Colorado by Darling Gutheil, was one of only four NCAA Division II players throughout the country to be named to both the All-America and Scholar All-America squads by the NSCAA. Stone was also honored by the ECAC with the prestigious Robbins Scholar-Athlete Award as the conference's premier NCAA II female student-athlete.

In 2004, Saint Rose once again advanced to the NCAA Tournament before falling 1-0 to eventual "Final Four" participant Franklin Pierce in a New England Regional semifinal.

Darling Gutheil garnered her first NE-10 Coach of the Year award in 2002 after she led the Golden Knights through a historic campaign. Saint Rose made its first ever NCAA Tournament appearance and wound up ranked #22 in the country in the final NSCAA poll.

Saint Rose went 10-7-1 and finished sixth in the conference with an 8-5-1 mark in 2001. The Golden Knights also earned the top seed in the ECAC postseason tournament, but fell 2-1 to Pace University in a semifinal match despite outshooting the Setters by a 15-3 margin. Saint Rose

was ranked as high as fifth in the NSCAA New England region poll and closed out the year ranked sixth in the region. The Golden Knights were honored with their first NSCAA/Adidas Team Academic award that year as well.

Darling Gutheil inherited a program that had gone through three coaches in three seasons and had won only three matches in 1995, the year prior to her arrival. Her presence paid immediate dividends as she guided the Golden Knights to a four-game improvement during her inaugural season at the helm. Darling Gutheil has since parlayed that 7-10 mark in 1996 into a 166-76-16 career record on the strength of seven consecutive 12-plus win seasons.

The Golden Knights went 8-9 in 1997 and recorded their first winning season in four years with a 9-8 slate in 1998. Darling Gutheil then directed the Golden Knights to a breakthrough campaign in 1999 when Saint Rose posted an 8-9 mark despite losing six one-goal games. However, the College finished 6-3 in the East Coast Conference (formerly the New York Collegiate Athletic Conference), which foreshadowed its rise to prominence.

Darling Gutheil earned a bachelor's degree in education for history in 1995 from Hartwick College where she gained induction into the school's history and psychology Honor Societies. Darling Gutheil was also a four-year starter on the Hawks' soccer team. She garnered All-State accolades as a senior, served as a team captain and was named the club's Most Valuable Player.

A history teacher at South Glens Falls High School, Darling Gutheil holds a master's degree in guidance and counseling from Sage graduate school where she earned entrance into the National Academic Honor Society. Darling Gutheil resides in Queensbury, NY with her husband and assistant coach Jason Gutheil.

# Previewing The Golden Knights

**INTRODUCTION:** The College of Saint Rose arrives at this juncture poised to live up to some mammoth expectations following an historic 2008 campaign. The Golden Knights won the NCAA East Regional Championship that punched their ticket to a national semifinal appearance, which came on the heels of a second consecutive Northeast-10 Conference championship and a school record 20 victories. They also garnered their sixth NCAA Tournament berth within a seven-year span after recording 14 shutouts and registering a +35 goal differential.

From an initial look, the 2009 version of the Golden Knights could very well mirror last autumn's success. They are deep at every position with a nice blend of experience and another talented recruiting class that includes a transfer goalkeeper. Eight starters are among 23 returning letterwinners for a club that is listed #4 in the NSCAA/Adidas NCAA II preseason rankings and was surprisingly picked second behind Franklin Pierce in the NE-10 preseason coaches' poll, despite coming off back-to-back league championships.

The veteran group is joined by nine newcomers, while the vast majority of a defensive unit that allowed only 22 goals in 26 contests remains in place, as does a talented group of midfielders.

On the other side of the coin, a four-year starting forward, the team's second leading scorer and one of its top marking backs are missing from last year's roster. All-American forward Kailey Egbert, who will serve as an assistant for head coach **Laurie Darling Gutheil** this season, was a three-year team captain who closed out her career among the College's top-15 in all three major scoring categories with 67 points, 25 goals and 17 assists. Another forward in Jazmine Farrell tied for the club's scoring lead in 2008 after she wound up with 21 points via seven goals and a like number of assists. Meanwhile, All-Conference defender Caitlin Naylor anchored an outstanding back line.

**RETURNEES (23):** The returning group is comprised of seven seniors, eight juniors and a like number of sophomores. The senior corps is made up of midfielders **Lizzie Shegda** (Yardley, PA/Conwell-Egan Catholic), and **Courtenay Gannon** (Newburgh, NY/NFA), backs **Alex Sobchak** (St. Catharines/ONT/Sir Winston Churchill), **Kira Duran** (Colorado Springs, CO/Doherty), and **Christy-Lea Smith** (Castle Rock, CO/Chaparral), along with forward **Deanna Wachtel** (Averill Park, NY/Guilderland), and keeper **Shannon Murphy** (Charlton, MA/St. Peter Marian).

Wachtel, a three-year starter prior to missing all of last year due to injury, is expected to contend for a starting spot, Shegda will see time at the inverted forward position while Sobchak will most likely be used as both a marking back and an outside midfielder. Shegda and Sobchak appeared in 26 and 24 contests respectively last season, while Wachtel potted eight goals as a sophomore in 2006. Gannon, who made seven starts a year ago, is also expected to have a role as an outside midfielder, while Duran and Smith will have reserve roles in the back. Murphy was an NSCAA/Adidas first-team All-Region pick after posting a 0.75 goals-against-average throughout 25 starts as a junior, but she will have competition for the starting role this fall.

A talented junior group is led by a pair of All-Americans in midfielder **Amanda Deck** (Cicero, NY/Cicero-North Syracuse) and back **Katie Whiting** (Holden, MA/Wachusett Regional). Deck finished fourth on the team in scoring with 14 points behind four goals, including three game-winners, and six assists, and was one of five players to start all 26 contests last autumn, as was Whiting. Also in the mix are midfielders **Coco Ebersole** (Fort Collins, CO/Poudre), **Amanda Schweers** (Greeley, CO/Greeley West), **Jaelyn Evans** (Georgetown, MA/Georgetown), **Kaitlyn Berry** (Monument, CO/Lewis Palmer), and **Kristen Bidosky** (Cornwall, NY/Cornwall Central); and back **Kelly Guerin** (Sutton, MA/Sutton).

Deck, Ebersole and Berry are expected to play inside at midfield, with Schweers, Gannon and Evans seeing time on the flanks. Whiting will start as a center back, while Guerin will return to the outside where she made 24 starts last season, and Bidosky will see some time up top.

## 2008 In Review

### Saint Rose Advances To NCAA National Semifinal; Wins Second Straight NE-10 Championship

The 2008 campaign simply elevated the program's already prestigious standing within collegiate soccer circles. The Golden Knights earned their sixth NCAA Tournament berth within a seven year stretch, wound up as the nation's fourth ranked team in the final NSCAA/Adidas poll and won the NCAA Tournament East Regional Championship that propelled them to a national semifinal appearance. Furthermore, Saint Rose became only the fourth team since 1985 to win back-to-back Northeast-10 Conference championships.

Several other accomplishments were noteworthy throughout the 2008 campaign as well.

- Saint Rose won its first NCAA Tournament East Regional Championship.
- The Golden Knights set a school record for wins (20).
- Saint Rose tied a school record for consecutive victories (11 - 10/1/08 - 11/6/08).
- Head coach Laurie Darling Gutheil was named the NSCAA/Adidas East Region Coach of the Year.
- Senior forward Kailey Egbert was named the NE-10 Woman of the Year.
- Egbert, sophomore midfielder Amanda Deck and sophomore back Katie Whiting garnered NSCAA/Adidas All-American honors.
- Saint Rose earned an NSCAA/Adidas Team Academic Award for the eighth straight year
- The Golden Knights posted the nation's 14<sup>th</sup> best W-L percentage (.808)
- 23 team members were named to the NE-10 Commissioner's Honor Roll in recognition of academic excellence.

# Previewing The Golden Knights

Sophomore midfielder **Christina Cuffari** (Brick, NJ/Brick Memorial) is the team's top returning scorer who also earned NSCAA/Adidas All-Region accolades after recording eight goals and five assists as a rookie. She will once again play in the center midfield, while her classmates and forwards **Gianna D'Errico** (Shrewsbury, MA/Shrewsbury), who made 11 starts as a freshman; **Derith Fernandes** (Billerica, MA/Billerica Memorial), and **Nicola D'Errico** (Shrewsbury, MA/Shrewsbury) should play integral roles up front.

**Brittany Godin** (Rochester, NY/Greece Arcadia) and **Kimberly Morton** (Westerly, RI/Westerly), who play both in the midfield and at forward, are expected to spend most of their time on the pitch as inverted forwards. Defender **Caty Kirk Robins** (Charlottesville, VA/Monticello) will have a reserve role in the back, while keeper **Susan Cowan** (West Boylston, MA/West Boylston) will be vying for her first minutes between the posts for the Golden Knights.



*Junior All-American back Katie Whiting helped anchor a defensive unit that allowed a mere 22 goals throughout 26 contests last season.*

**NEWCOMERS (9):** A transfer and eight decorated freshmen encompass the incoming class. Junior keeper **Deanna Esposito** (Sayville, NY/Sayville) spent two years at C.W. Post on Long Island where she made five starts and posted a 0.58 GAA throughout 623 minutes last season. She very well could figure into the mix this season.

## Coaching Records at Saint Rose

Coach	W	L	T	Pct	Year(s)
John Pauley	57	65	13	.470	1986-1993
Nicole Barbuto	5	11	1	.324	1994
Jason Miller	3	13	1	.206	1995
Laurie Darling Gutheil	166	76	16	.674	1996-Present

Backs **Molly Harpster** (Aurora, CO/Smoky Hill), and **Meagan McKinney** (Kennewick, WA/Kamiakin), midfielders **Alayna Shaw** (Fort Collins, CO/Fort Collins), **Marisah Case** (Cheyenne, WY/Cheyenne Central), and **Nicolle Burke** (Fishkill, NY/Our Lady of Lourdes) comprise the freshman class in addition to forwards **Jennifer Mansfield** (Hopewell Junction, NY/John Jay), **Katlynn Knier** (North Richland Hills, TX/Larry A. Ryle) and **Carly Pengelly** (Reno, NV/Spanish Springs).

Harpster was the Centennial League MVP as a senior at Smoky Hill and is expected to take over Naylor's spot in the back. Shaw is projected to make an immediate contribution in the central midfield, Mansfield and Pengelly should see plenty of time as central forwards, and McKinney should have a major role in the back. Case and Burke are being groomed as outside midfielders, while Knier is expected to help out at a forward spot.

Shaw helped lead Fort Collins to the Colorado state quarterfinals in both 2006 and 2007, Mansfield was a two-time All-State selection for John Jay, Pengelly was a first-team All-Conference selection at Spanish Springs, and McKinney was a first-team All-Area and honorable mention All-State pick for Kamiakin. Case was a three-time Wyoming All-State honoree, Burke was the league MVP as a senior at Lourdes, and Knier was twice named an All-District pick at Ryle.

**SCHEDULE:** This year's slate consists of 18 contests; eight at home, nine on the road and a neutral site game. NE-10 action gets rolling at Saint Michael's on Saturday, September 5 in Colchester, VT. Following a league date at Adelphi on Long Island two days later, Saint Rose will play its first home match on Saturday, September 12 against league rival Stonehill. Preseason NE-10 favorite Franklin Pierce, ranked #11 in the NSCAA/Adidas Division II poll, arrives on Saturday, October 10; while #25 C.W. Post heads to Albany for a non-conference encounter on Tuesday, September 23. The NE-10 Tournament begins with quarterfinal action on Sunday, November 1 at on-campus sites.

From an overall standpoint, the schedule is stacked. Four opponents played in the 2008 NCAA Tournament, and the three non-league foes registered a .627 (38-21-8) winning percentage.

**SUMMATION:** As usual, there is plenty to like about the Golden Knights. They have a balanced attack, depth and experience along with speed throughout the roster. Furthermore, the club's nucleus is accustomed to winning at the highest level and is knowledgeable in the intricacies of postseason play. The schedule also poses a legitimate challenge and several notable players from last year's run have graduated. Regardless, Saint Rose should have enough assets to construct another memorable campaign this autumn.

## 2008 Final Results

Date	Opponent	WL	Score	Overall	NE-10	Goals Scored
A08/29/08	vs C.W. Post	L	1-2	0-1-0	0-0-0	G. D'Errico (Naylor)
A08/31/08	vs Georgian Court	W	2-0	1-1-0	0-0-0	Naylor (Berry) Cuffari (unassisted)
09/07/08	at Adelphi	W	1-0	2-1-0	0-0-0	Deck (unassisted)
*09/09/08	at Southern Conn.	W	2-1	3-1-0	1-0-0	Egbert (unassisted) Deck (unassisted)
*09/13/08	SOUTHERN N.H.	W	5-0	4-1-0	2-0-0	G. D'Errico (Egbert); Farrell (Ebersole); Farrell (unassisted); Bowers (Sobchak); Bidosky (unassisted)
*09/17/08	#17 FRANKLIN PIERCE	L	0-1	4-2-0	2-1-0	-
*09/20/08	at Bentley	W	6-0	5-2-0	3-1-0	Bowers (Schweers); Farrell (Morton); Egbert (Farrell); Farrell (Deck); Sobchak (unassisted); Morton (Bidosky)
*09/23/08	at Assumption	T	021-1	5-2-1	3-1-1	G. D'Errico (unassisted)
*09/27/08	at Merrimack	L	0-5	5-3-1	3-2-1	-
*10/01/08	AMERICAN INT'L	W	2-0	6-3-1	4-2-1	Gannon (Egbert; Farrell); Cuffari (unassisted)
*10/04/08	at Saint Anselm	W	4-2	7-3-1	5-2-1	Whiting (Deck); Egbert (Cuffari); Bowers (Cuffari); Berry (unassisted)
*10/08/08	SAINT MICHAEL'S	W	3-0	8-3-1	6-2-1	Bidosky (Berry); Egbert (Bidosky); N. D'Errico (Ebersole)
*10/11/08	UMASS LOWELL	W	2-0	9-3-1	7-2-1	Godin (unassisted); G. D'Errico (Cuffari; N. D'Errico)
10/13/08	at #6 West Chester	W	1-0	10-3-1	7-2-1	N. D'Errico (Deck)
*10/18/08	at Stonehill	W	4-0	11-3-1	8-2-1	Ebersole (Farrell); Farrell (Egbert); Shegda (unassisted); G. D'Errico (unassisted)
*10/22/08	at Le Moyne	W	1-0	12-3-1	9-2-1	Farrell (Godin)
*10/25/08	NEW HAVEN	W	3-1	13-3-1	10-2-1	Cuffari (unassisted); Egbert (Guerin); Cuffari (Whiting)
*B10/28/08	PACE	W	3-1	14-3-1	11-2-1	Cuffari (Evans); Bowers (Deck); Fernandes (G. D'Errico; Schweers)
C11/02/08	NEW HAVEN	W	1-0	15-3-1	11-2-1	Cuffari (unassisted)
D11/06/08	UMASS LOWELL	W	2-0	16-3-1	11-2-1	Bowers (N. D'Errico); Shegda (Egbert)
E11/09/08	at #13 Franklin Pierce	T	021-1	16-3-2	11-2-1	Egbert (Cuffari)
F11/14/08	vs Georgian Court	W	2-0	17-3-2	11-2-1	Bowers (Evans); Shegda (N. D'Errico)
G11/16/08	at #10 Franklin Pierce	W	4-0	18-3-2	11-2-1	Cuffari (unassisted); G. D'Errico (Schweers); Schweers (Farrell); Egbert (Farrell)
H11/21/08	vs Bridgeport	W	3-1	19-3-2	11-2-1	Cuffari (Farrell); Farrell (Jordan); Deck (Farrell)
I11/23/08	vs #17 Mercyhurst	W	3-2	20-3-2	11-2-1	N. D'Errico (Deck); N. D'Errico (Deck); Deck (Cuffari)
J12/04/08	vs #2 West Florida	L	0-4	20-4-2	11-2-1	-

\*-NE-10 Game

A-at Nike Classic (Worcester, MA)

B-at Latham Dome

C-NE-10 Tournament Quarterfinal

D-NE-10 Semifinal

E-NE-NE-10 Final (win 5-3 via PK)

F-NCAA 1st-Round (Rindge, NH)

G-NCAA 2nd-Round

H-NCAA 3rd-Round

I-NCAA Quarterfinal (West Chester, PA)

J-NCAA National Semifinal (Tampa, FL)

# 2008 Final Statistics

Overall: 20-4-2    NE-10: 11-2-1    Home: 8-1-0    Away: 8-1-2    Neutral: 4-2-0

NO	STUDENT-ATHLETE	GP-GS	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	PK-ATT
13	Christina Cuffari	26-16	.8	5	21	53	.151	22	.415	2	0-0
19	Jazmine Farrell	25-19	.7	7	21	27	.259	19	.704	2	0-0
9	Kailey Egbert	26-26	.7	4	18	49	.143	24	.490	1	0-0
12	Amanda Deck	26-26	.4	6	14	66	.061	29	.439	3	0-0
22	Gianna D'Errico	26-11	.6	1	13	24	.250	15	.625	1	0-0
17	Jordan Bowers	26-3	.6	1	13	15	.400	10	.667	5	0-0
11	Nicola D'Errico	24-2	.4	3	11	23	.174	14	.609	1	0-0
2	Lizzie Shegda	26-0	.3	0	6	14	.214	6	.429	0	0-0
7	Kristen Bidosky	17-0	.2	2	6	7	.286	3	.429	1	0-0
25	Amanda Schweers	26-26	.1	3	5	7	.143	3	.429	0	0-0
21	Coco Ebersole	26-26	.1	2	4	20	.050	10	.500	1	0-0
10	Kaitlyn Berry	26-2	.1	2	4	12	.083	7	.583	0	0-0
18	Brittany Godin	26-20	.1	1	3	22	.045	10	.455	1	0-0
5	Caitlin Naylor	26-25	.1	1	3	14	.071	6	.429	1	0-0
15	Kimberly Morton	18-0	.1	1	3	10	.100	6	.600	0	0-0
14	Katie Whiting	26-26	.1	1	3	4	.250	4	1.000	0	0-0
6	Alex Sobchak	24-0	.1	1	3	1	1.000	1	1.000	0	0-0
4	Courtenay Gannon	18-7	.1	0	2	10	.100	5	.500	1	0-0
16	Derith Fernandes	23-0	.1	0	2	9	.111	7	.778	0	0-0
23	Jaclyn Evans	25-0	.0	2	2	13	.000	5	.385	0	0-0
26	Kelly Guerin	24-24	.0	1	1	12	.000	2	.167	0	0-0
3	Kira Duran	9-0	.0	0	0	1	.000	0	.000	0	0-0
24	Caty Kirk Robins	7-1	.0	0	0	0	.000	0	.000	0	0-0
20	Deanna Wachtel	1-0	.0	0	0	0	.000	0	.000	0	0-0
8	Christy-Lea Smith	7-0	.0	0	0	0	.000	0	.000	0	0-0
	Total	26	.57	44	158	413	.138	208	.504	20	0-0
	Opponents	26	.22	13	57	210	.105	106	.505	4	0-1

NO	STUDENT-ATHLETE	GP-GS	Minutes	GA	GAA	Saves	Pct	W-L-T	SHO
00	Shannon Murphy	25-25	1910:00	16	0.75	64	.800	18-3-2	8
0	Jillian Lyons	9-1	470:00	6	1.15	16	.727	2-1-0	0
TM	TEAM		0:00	0	0.00	4	1.000	0-0-0	6
	Total	26	2380:00	22	0.83	84	.792	20-4-2	14
	Opponents	26	2380:00	57	2.16	151	.726	4-20-2	3

Team saves: 4

GOALS BY PERIOD	1st	2nd	OT	OT2	Total
Saint Rose	23	34	0	0	57
Opponents	7	15	0	0	22

SHOTS BY PERIOD	1st	2nd	OT	OT2	Total
Saint Rose	204	206	2	1	413
Opponents	87	118	2	3	210

SAVES BY PERIOD	1st	2nd	OT	OT2	Total
Saint Rose	32	49	1	2	84
Opponents	71	77	2	1	151

CORNER KICKS BY PRD	1st	2nd	OT	OT2	Total
Saint Rose	96	88	4	2	190
Opponents	27	32	0	1	60

FOULS BY PERIOD	1st	2nd	OT	OT2	Total
Saint Rose	138	134	2	4	278
Opponents	113	119	2	1	235